Preparation for Adulthood – Year 7

ASDAN Lifeskills Challenges

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| **Phase / Subject** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for**  **Learning** | Assessment of abilities  Community Inclusion and Independent living and housing | Employment  (WOW October & preparation for Christmas Fair) | Good health  (Time to talk day - February) | Employment  (National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1**  **Academic** | Road skills 1: Crossing the road outside school using the pedestrian crossing WTEL1 1482 (10)  One page personal profile  E2 1209 (10) /  E3 1280 (10) | Planning and running a mini enterprise  E2 1756 (20) /  Planning and running enterprise projects  E3 2765 (10) | Mental health and wellbeing  E2 2956 (30) | Finding out about jobs and careers  E2 2771 (10) | Going out in the community  E2 1816 (20) /  E3 1817 (20)  Using a bus  E2 1193 (10) /  E3 2089 (10) | Participating in health and fitness activities  E2 2441 (10) |
| **Pathway 2**  **Nurture** | Road skills 1: Crossing the road outside school using the pedestrian crossing WTEL1 1482 (10)  One page personal profile  E1 1085 (10) /  E2 1209 (10) | Planning and running a mini enterprise  E1 1876 (20)/  E2 1756 (20) | Mental health and wellbeing  E1 2614 (30) /  E2 2956 (30) | Finding out about a job E1 1175 (10) /  Finding out about jobs and careers  E2 2771 (10) | Going out in the community  E1 1815 (20)/  E2 1816 (20)  Using a bus  E1 2088 (10) /  E2 1193 (10) | Participating in health and fitness activities  E1 2316 (10) /  E2 2441 (10) |
| **Pathway 3**  **Sensory** | Road skills 1: Crossing the road outside school using the pedestrian crossing WTEL1 1482 (10)  One page personal profile  WTE1 1042 (10) | Introduction to employability and enterprise  WTE1 3816 | Mental health and wellbeing  WTE1 2747 (30) | Exploring different types of jobs  WTE1 2012 (10) | Going out in the community  WTE1 1814 (20)  Using transport  WTE1 1237 (10)  Using a bus  WTE1 1905 (10) | Participating in health and fitness activities  WTE1 1903 (10) |

Preparation for Adulthood – Year 8

ASDAN Lifeskills Challenges

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| **Phase / Subject** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for**  **Learning** | Community Inclusion and Independent living and housing | Employment  (WOW October & preparation for Christmas Fair) | Good health  (Time to talk day - February) | Employment  (National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1**  **Academic** | Using money  E2 1313 (10) /  Calculations with money  E3 2232 (20) | Understanding business and enterprise  E3 1039 (10) | Personal safety in the community  E3 2928 (20) | Understanding organisational logos E2 1338 (10) | Going shopping  E2 1891 (20) /  E3 1892 (20) | Participating in different leisure activities E2 3149 (20) /  Participating in different leisure activities in the home and community  E3 3286 (10) |
| **Pathway 2**  **Nurture** | Understanding money E1 1314 (10) /  Using money  E2 1313 (10) | Understanding business  E1 1040 (10) | Personal safety in the community  E2 3169 (20) | Recognising organisational logos and their associated products and services E1 1317 (10) /  Understanding organisational logos E2 1338 (10) | Going shopping  E1 1890 (20) /  E2 1891 (20) | Participating in different leisure activities  E1 2917 (20) /  E2 3149 (20) |
| **Pathway 3**  **Sensory** | Understanding and using money  WTE1 1316 (10) | Understanding business  E1 1040 (10) | Personal safety in the community  E1 3168 (10) | Recognising organisational logos and their associated products and services WTE1 1323 (10) | Going shopping  WTE1 1230 (10) | Leisure in the community  WTE1 1084 (10) |

Preparation for Adulthood – Year 9

ASDAN Lifeskills Challenges

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| **Phase / Subject** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for**  **Learning** | Community Inclusion and Independent living and housing | Employment  (WOW October & preparation for Christmas Fair) | Good health  (Time to talk day -February) | Employment  (National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1**  **Academic** | Visiting a museum  E3 1097 (10) | Health and safety in the workplaces  E3 1343 (10) | Mindfulness and wellbeing  E2 3725 (30) | Community organisations – how they help people  E2 1217 (10) | Community organisations – how to get help  E3 1216 (10) | Healthy eating  E2 3466 (10) |
| **Pathway 2**  **Nurture** | Visiting a museum  E2 1102 (10) | Following workplace instructions  E1 1062 (10) | Wellbeing and resilience  E1 2965 (30) /  Mindfulness and wellbeing  E2 3725 (30) | Helping others in the community  E1 1156 (10) /  Community organisations – how they help people  E2 1217 (10) | Engaging with community organisations  E1 1218 (10) | Healthy eating  E1 3199 (10) /  E2 3466 (10) |
| **Pathway 3**  **Sensory** | Visiting a museum WTE1 1223 (10) | Recognising workplace instructions  WTE1 1066 (10) | Wellbeing and resilience  E1 2965 (30) | People who help us WTE1 1742 (10) | Experiencing community organisations  WTE1 1219 (10) | Experience and explore healthy eating  WTE1 3197 (10) |

Preparation for Adulthood – Year 10

ASDAN Lifeskills Challenges

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| **Phase / Subject** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for**  **Learning** | Community Inclusion and Independent living and housing | Employment  (WOW October & preparation for Christmas Fair) | Good health  (Time to talk day -February) | Employment  (National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1**  **Academic** | Using technology to communicate with others  E2 1079 (10) /  E3 1080 (10) | Maintaining work standards  E2 3177 (20) /  E3 2676 (30) | Develop understanding of daily health and hygiene routines which maintain good health and wellbeing  E2 3858 (20) /  E3 3859 (10) | Developing Functional Skills: The World of Work E2 2355 (10) /  E3 2358 (10) | Shopping in a supermarket  E2 1023 (10) | Basic First Aid  E2 2253 (10)  First Aid – Burns  E2 1811 (10)  Awareness of health services  E3 1573 (10) |
| **Pathway 2**  **Nurture** | Using technology to communicate with others  E1 1078 (10) | Maintaining work standards  E1 3176 (20) /  E2 3177 (20) | Develop understanding of daily health and hygiene routines which maintain good health and wellbeing  E1 3857 (10) | Developing Functional Skills: The World of Work  E1 2350 (10) | Shopping in a supermarket  E2 1023 (10) | Basic First Aid  E1 2299 (10) /  E2 2253 (10)  Awareness of health services  E2 1572 (10) |
| **Pathway 3**  **Sensory** | Using technology to communicate with others  WTE1 1077 (10) | Intro to employability and the workplace WTE1 3815 (20) | Participate in activities that support a healthy body and mind  WTE1 3839 (20) | Developing Functional Skills: The World of Work  WTE1 2349 (10) | Visiting a supermarket WTE1 3954 (10) | Understanding what is in a first aid kit  E1 3927 (10)  Basic First Aid  WTE1 1767 (10) |

Preparation for Adulthood – Year 11

ASDAN Lifeskills Challenges

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| **Phase / Subject** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for**  **Learning** | Community Inclusion and Independent living and housing | Employment  (WOW October & preparation for Christmas Fair) | Good health  (Time to talk day - February) | Employment  (National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1**  **Academic** | Going for something to eat in the community  E2 3004 (10) | Exploring job opportunities  E3 2673 (30) | Developing Functional Skills: Health and hygiene  E2 2083 (20) /  E3 2085 (20) | Work experience  E2 2860 (10)/  E3 2861 (20) | Developing Functional Skills: Going Places  E2 2438 (10) /  E3 2455 (10) | Leading a healthy lifestyle  E3 3759 (20) |
| **Pathway 2**  **Nurture** | Going for something to eat in the community  E1 1190 (10) /  E2 3004 (10) | Exploring job opportunities  E2 3172 (30) | Developing Functional Skills: Health and hygiene  E1 2082 (20) /  E2 2083 (20) | Work experience  E1 2859 (10) /  E2 2860 (10) | Developing Functional Skills: Going Places  E1 2454 (10) /  E2 2438 (10) | Healthy active lifestyles  E2 3148 (20) |
| **Pathway 3**  **Sensory** | Going for something to eat in the community  WTE1 1187 (10) | Develop knowledge of the skills required for different job roles WTE1 3942 (10)  Exploring job opportunities  E1 3171 (30) | Developing Functional Skills: Health and hygiene  WTE1 2063 (20) | Work experience WTE1 1440 (10) | Developing Functional Skills: Going Places  WTE1 2453 (10) | Healthy active lifestyle  E1 2881 (20) |