



BENTS GREEN SCHOOL AT GLEADLESS

2021-22 TERM 3 MENU

WEEK ONE



| PRIMARY MENU WEEK 1 | 'GREEN EARTH MONDAY' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|---|--|--|--|--|
| Main Course | Wholemeal Margherita Pizza Slice with Jacket Wedges | Classic Pasta Bolognese & Garlic Bread | Roast Chicken with Roast Potatoes, Stuffing & Gravy | Sausage Pasta Bake | Fish Fingers & Chips with Tomato Ketchup |
| Vegetarian Main Course | Vegetable Stew with Mexican Rice | Veggie Mince Pasta Bolognese & Garlic Bread | Quorn Roast with Roast Potatoes, Stuffing & Gravy | Veggie Burger with Potato Wedges | Vegetable Nuggets & Chips with Tomato Ketchup |
| Jacket Potato and Filling | Jacket Potato with Cheese & Baked Beans | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Salmon Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo |
| Vegetables | Green Beans & Sweetcorn | Broccoli & Carrots | Cauliflower & Seasonal Greens | Sweetcorn, Carrots & Mixed Salad | Baked Beans & Garden Peas |
| Dessert | Apple Flapjack | Marble Cake & Chocolate Sauce | Ice Cream & Banana Slices | Shortbread Finger & Fruit | Chocolate Cookie |

Available Daily
Salad Selection, Fresh Bread,
Fresh Fruit and Yoghurts





BENTS GREEN SCHOOL AT GLEADLESS

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WEEK TWO

| PRIMARY MENU WEEK 2 | 'GREEN EARTH MONDAY' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|--|---|--|--|---|
| Main Course | Wholemeal Margherita Pizza with Half Jacket Potato | Chicken & Sweetcorn Meatball Sub with Tomato Sauce & Baked Wedges | Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy | Chicken Pie & Mash | Fish & Chips with Tomato Ketchup |
| Vegetarian Main Course | Veggie Chilli with Mixed Rice & Mint Yoghurt | Tomato & Basil Pasta | Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy | Creamy Macaroni Cheese | Veggie Hot Dog & Onions with Chips & Tomato Ketchup |
| Jacket Potato and Filling | Jacket Potato with Cheese & Baked Beans | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo |
| Vegetables | Sweetcorn & Garden Peas | Green Beans & Cauliflower | Carrots & Savoy Cabbage | Broccoli & Sweetcorn | Baked Beans & Garden Peas |
| Dessert | Oaty Crunchy Biscuit | Apple Crumble & Custard | Jelly & Mandarins | Fruit | Chocolate Brownie |

Available Daily
 Salad Selection, Fresh Bread,
 Fresh Fruit and Yoghurts





BENTS GREEN SCHOOL AT GLEADLESS

2021-22 TERM 3 MENU

WEEK THREE

| PRIMARY MENU WEEK 3 | 'GREEN EARTH MONDAY' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|---|--|---|---|--|
| Main Course | Wholemeal Margherita Pizza with Baby Baked Potatoes | Traditional Sausage & Mash with Gravy | Roast Chicken with Roast Potatoes, Stuffing & Gravy | Chicken Enchilada with Baked Potato Wedges | Fish Fingers & Chips with Tomato Ketchup |
| Vegetarian Main Course | Veggie Meatballs with Pasta & Tomato Sauce | Veggie Sausage & Mash with Gravy | Quorn Roast with Roast Potatoes, Stuffing & Gravy | Crispy Bean & Vegetable Bake with Baked Potato Wedges | Cheese Flan with Chips & Tomato Ketchup |
| Jacket Potato and Filling | Jacket Potato with Cheese & Baked Beans | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo | Jacket Potato with Cheese, Baked Beans & Tuna Mayo |
| Vegetables | Mixed Vegetables & Garden Salad | Green Beans, Baked Beans & Cauliflower | Spring Greens & Carrots | Broccoli & Sweetcorn | Baked Beans & Garden Peas |
| Dessert | Chocolate & Banana Cake with Apple Smiles | Flapjack Finger | Jelly & Mandarins | Lemon & Blueberry Cake | Frozen Toffee Yoghurt |

Available Daily
 Salad Selection, Fresh Bread,
 Fresh Fruit and Yoghurts

