



BENTS GREEN SCHOOL AT GLEADLESS

2021 - 22 TERM 2 MENU



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 03/01/22 : 24/01/22 : 14/02/22 : 07/03/22 : 28/03/22	Main Course	Tomato & Mozzarella Tart with Wedges	Classic Pasta Bolognese & Garlic Bread	Roast Chicken with Roast Potatoes, Stuffing & Gravy	BBQ Pulled Chicken in a Bun with Wedges	Crispy Fish Finger with Chips & Tomato Sauce
	Vegetarian Main Course	Wholemeal Margherita Pizza Slice with Jacket Wedges	Vegetarian Mince Spaghetti Bolognese & Garlic Bread	Quorn Roast with Roast Potatoes, Stuffing & Gravy	Vegetable Korma with Mixed Rice	Crispy Vegetarian Burger with Chips & Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Vegetables	Green Beans & Sweetcorn	Broccoli & Roasted Vegetables	Cauliflower & Seasonal Greens	Mixed Vegetables & Carrots/Mixed Salad	Baked Beans & Garden Peas
	Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Watermelon & Pineapple Slices	Chocolate Cookie
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 10/01/22 : 31/01/22 : 21/02/22 : 14/03/22 : 04/04/22	Main Course	Wholemeal Margherita Pizza with Herby Diced Potatoes	Cheesy Ham & Broccoli Spaghetti with Herby Focaccia	Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Classic Shepherds Pie	Crispy Breaded Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Mixed Vegetable Biryani	Cheesy Broccoli Spaghetti with Herby Focaccia	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Bean Bake & Chips with Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Vegetables	Sweetcorn with Peppers & Garden Peas	Green Beans & Cauliflower	Carrots & Savoy Cabbage	Broccoli & Roasted Winter Vegetables	Baked Beans & Garden Peas
	Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	Brownie
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/01/22 : 07/02/22 : 28/02/22 : 21/03/22 : 11/04/22	Main Course	Vegetarian Meatballs with a Mediterranean Tomato Sauce & Fluffy Cous Cous	Traditional Toad in the Hole with Mashed Potatoes & Gravy	Roast Chicken with Mashed Potatoes, Stuffing & Gravy	Mild Piri Piri Chicken & Lentil Bake with Mixed Rice	Classic Friday Fish & Chips with Tomato Sauce
	Vegetarian Main Course	Wholemeal Margherita Pizza with Baby Baked Potatoes	Vegetarian Toad in the Hole with Mashed Potatoes & Gravy	Quorn Roast with Mashed Potatoes, Stuffing & Gravy	Tomato & Basil Pasta Bake	Crispy Vegetarian Finger with Chips & Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Vegetables	Mixed Vegetables & Garden Salad	Green Beans & Cauliflower	Wok Bashed Vegetables & Carrots	Broccoli & Sweetcorn	Baked Beans & Garden Peas
	Dessert	Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Slices	Lemon Slice

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

Colours in the left column represent the band colour your child should choose for the meal that day