Preparation for Adulthood – Year 7

ASDAN Lifeskills Challenges

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| **Phase / Subject**  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for****Learning** | Assessment of abilitiesCommunity Inclusion and Independent living and housing | Employment(WOW October & preparation for Christmas Fair) | Good health(Time to talk day - February) | Employment(National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1****Academic** | Road skills 1: Crossing the road outside school using the pedestrian crossing WTEL1 1482 (10)One page personal profile E2 1209 (10) / E3 1280 (10) | Planning and running a mini enterprise E2 1756 (20) / Planning and running enterprise projects E3 2765 (10) | Mental health and wellbeing E2 2956 (30) | Finding out about jobs and careers E2 2771 (10) | Going out in the community E2 1816 (20) /E3 1817 (20)Using a bus E2 1193 (10) /E3 2089 (10) | Participating in health and fitness activities E2 2441 (10) |
| **Pathway 2****Nurture** | Road skills 1: Crossing the road outside school using the pedestrian crossing WTEL1 1482 (10)One page personal profile E1 1085 (10) / E2 1209 (10) | Planning and running a mini enterprise E1 1876 (20)/ E2 1756 (20) | Mental health and wellbeing E1 2614 (30) / E2 2956 (30) | Finding out about a job E1 1175 (10) / Finding out about jobs and careers E2 2771 (10) | Going out in the community E1 1815 (20)/ E2 1816 (20)Using a bus E1 2088 (10) /E2 1193 (10) | Participating in health and fitness activities E1 2316 (10) / E2 2441 (10) |
| **Pathway 3****Sensory** | Road skills 1: Crossing the road outside school using the pedestrian crossing WTEL1 1482 (10)One page personal profile WTE1 1042 (10) | Introduction to employability and enterprise WTE1 3816 | Mental health and wellbeing WTE1 2747 (30) | Exploring different types of jobs WTE1 2012 (10) | Going out in the community WTE1 1814 (20)Using transport WTE1 1237 (10)Using a bus WTE1 1905 (10) | Participating in health and fitness activities WTE1 1903 (10) |

Preparation for Adulthood – Year 8

ASDAN Lifeskills Challenges

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| **Phase / Subject**  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for****Learning** | Community Inclusion and Independent living and housing | Employment(WOW October & preparation for Christmas Fair) | Good health(Time to talk day - February) | Employment(National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1****Academic** | Using money E2 1313 (10) / Calculations with money E3 2232 (20) | Understanding business and enterprise E3 1039 (10) | Personal safety in the community E3 2928 (20) | Understanding organisational logos E2 1338 (10) | Going shopping E2 1891 (20) /E3 1892 (20) | Participating in different leisure activities E2 3149 (20) / Participating in different leisure activities in the home and community E3 3286 (10) |
| **Pathway 2****Nurture** | Understanding money E1 1314 (10) / Using money E2 1313 (10) | Understanding business E1 1040 (10) | Personal safety in the community E2 3169 (20) | Recognising organisational logos and their associated products and services E1 1317 (10) / Understanding organisational logos E2 1338 (10) | Going shoppingE1 1890 (20) / E2 1891 (20) | Participating in different leisure activities E1 2917 (20) / E2 3149 (20) |
| **Pathway 3****Sensory** | Understanding and using money WTE1 1316 (10) | Understanding business E1 1040 (10) | Personal safety in the community E1 3168 (10) | Recognising organisational logos and their associated products and services WTE1 1323 (10) | Going shoppingWTE1 1230 (10) | Leisure in the community WTE1 1084 (10) |

Preparation for Adulthood – Year 9

ASDAN Lifeskills Challenges

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| **Phase / Subject**  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for****Learning** | Community Inclusion and Independent living and housing | Employment(WOW October & preparation for Christmas Fair) | Good health(Time to talk day -February) | Employment(National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1****Academic** | Visiting a museum E3 1097 (10) | Health and safety in the workplaces E3 1343 (10) | Mindfulness and wellbeing E2 3725 (30) | Community organisations – how they help people E2 1217 (10)  | Community organisations – how to get help E3 1216 (10) | Healthy eating E2 3466 (10) |
| **Pathway 2****Nurture** | Visiting a museum E2 1102 (10) | Following workplace instructions E1 1062 (10) | Wellbeing and resilience E1 2965 (30) / Mindfulness and wellbeing E2 3725 (30) | Helping others in the community E1 1156 (10) / Community organisations – how they help people E2 1217 (10) | Engaging with community organisations E1 1218 (10) | Healthy eating E1 3199 (10) / E2 3466 (10) |
| **Pathway 3****Sensory** | Visiting a museum WTE1 1223 (10) | Recognising workplace instructions WTE1 1066 (10) | Wellbeing and resilience E1 2965 (30) | People who help us WTE1 1742 (10) | Experiencing community organisations WTE1 1219 (10) | Experience and explore healthy eating WTE1 3197 (10) |

Preparation for Adulthood – Year 10

ASDAN Lifeskills Challenges

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| **Phase / Subject**  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for****Learning** | Community Inclusion and Independent living and housing | Employment(WOW October & preparation for Christmas Fair) | Good health(Time to talk day -February) | Employment(National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1****Academic** | Using technology to communicate with others E2 1079 (10) /E3 1080 (10) | Maintaining work standards E2 3177 (20) / E3 2676 (30) | Develop understanding of daily health and hygiene routines which maintain good health and wellbeing E2 3858 (20) / E3 3859 (10) | Developing Functional Skills: The World of Work E2 2355 (10) / E3 2358 (10) | Shopping in a supermarket E2 1023 (10) | Basic First Aid E2 2253 (10)First Aid – Burns E2 1811 (10)Awareness of health services E3 1573 (10) |
| **Pathway 2****Nurture** | Using technology to communicate with others E1 1078 (10) | Maintaining work standards E1 3176 (20) /E2 3177 (20) | Develop understanding of daily health and hygiene routines which maintain good health and wellbeing E1 3857 (10) | Developing Functional Skills: The World of Work E1 2350 (10) | Shopping in a supermarket E2 1023 (10) | Basic First Aid E1 2299 (10) / E2 2253 (10)Awareness of health services E2 1572 (10) |
| **Pathway 3****Sensory** | Using technology to communicate with others WTE1 1077 (10) | Intro to employability and the workplace WTE1 3815 (20) | Participate in activities that support a healthy body and mind WTE1 3839 (20) | Developing Functional Skills: The World of Work WTE1 2349 (10) | Visiting a supermarket WTE1 3954 (10) | Understanding what is in a first aid kit E1 3927 (10)Basic First Aid WTE1 1767 (10) |

Preparation for Adulthood – Year 11

ASDAN Lifeskills Challenges

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| **Phase / Subject**  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus for****Learning** | Community Inclusion and Independent living and housing | Employment(WOW October & preparation for Christmas Fair) | Good health(Time to talk day - February) | Employment(National Careers Week - March) | Community Inclusion and Independent living and housing | Good health |
| **Pathway 1****Academic** | Going for something to eat in the community E2 3004 (10) | Exploring job opportunities E3 2673 (30) | Developing Functional Skills: Health and hygiene E2 2083 (20) / E3 2085 (20) | Work experience E2 2860 (10)/ E3 2861 (20) | Developing Functional Skills: Going Places E2 2438 (10) / E3 2455 (10) | Leading a healthy lifestyle E3 3759 (20) |
| **Pathway 2****Nurture** | Going for something to eat in the community E1 1190 (10) /E2 3004 (10) | Exploring job opportunities E2 3172 (30) | Developing Functional Skills: Health and hygiene E1 2082 (20) / E2 2083 (20) | Work experience E1 2859 (10) / E2 2860 (10) | Developing Functional Skills: Going PlacesE1 2454 (10) /E2 2438 (10) | Healthy active lifestyles E2 3148 (20) |
| **Pathway 3****Sensory** | Going for something to eat in the community WTE1 1187 (10) | Develop knowledge of the skills required for different job roles WTE1 3942 (10)Exploring job opportunities E1 3171 (30) | Developing Functional Skills: Health and hygiene WTE1 2063 (20) | Work experience WTE1 1440 (10) | Developing Functional Skills: Going Places WTE1 2453 (10) | Healthy active lifestyle E1 2881 (20) |